



Co-funded by the  
Erasmus+ Programme  
of the European Union

# SACREE



Autism & Sport



inovarautismo.



Autism  
Europe

UFR STAPS Sciences et techniques  
des activités physiques  
et sportives

UNIVERSITÉ DE  
FRANCHE-COMTÉ



# WHAT IS THE AIM OF SACREE?

## SACREE

- Stands for **S**port and **A**utism, from a scientific diagnosis to the **CR**Eation of a pedagogical **E**uropean model
- Aims for the **improvement of the daily life and development** of adults and children on the autism spectrum, through the **inclusive practice of sport activities**

# WHAT IS THE DURATION OF SACREE?

2022

36 MONTHS

2025



Period funded by the Erasmus+  
Program of the European Union

# WHAT IS THE ASSOCIATION BETWEEN SPORTS AND AUTISM?

SCARCE  
ASSOCIATION



## STUDIES

The few studies previously carried out target only very **local** practitioners and use **small** samples

## PROJECTS

The other EU projects previously carried out only target very specific sports or general **physical disabilities**

# WHAT IS THE KNOWLEDGE GAP BETWEEN SPORTS AND AUTISM?

## KNOWLEDGE GAP

**Research** on the impact of sport on people on the autism spectrum, as well as the achievements on this topic in Europe needs to be improved

**Sacree**  
aims to respond  
to this  
knowledge gap

# WHAT IS THE SACREE PROJECT?

1

**Access to motor activity**, adapted to the needs of people on the autism spectrum

2

The creation of an **inclusive ecosystem** that can be **replicated** all over Europe

3

The **awareness** among European sport **federations** and **clubs**, their **staff** and **practitioners**

4

The **co-construction** of a scientific evidence-based pedagogical **model**

5

The **cooperation** between actors from the world of **autism**, **sport**, and **science**

**Sacree** targets a better inclusion of people on the autism spectrum in sport activities by fostering:

# WHAT ARE THE OBJECTIVES OF SACREE?

The recognition of  
**sport as a tool for inclusion**  
of people on the autism spectrum

The **harmonization** of the  
European **knowledge**  
on sport and autism

The improvement of the **quality  
of life** of people on the autism  
spectrum as well as their families

The building of actions in the EU,  
toward a **more egalitarian,  
inclusive, and diverse society**

# WHO ARE THE PARTNERS OF SACREE?

Partners of the **Sacree** project have worked together to create a wide and innovative network, with 3 core characteristics:

**TRANSDISCIPLINARY**

**TRANSNATIONAL**

**TRANSECTORIAL**



# TRANSNATIONAL CORE

On the transnational core,  
5 European Union countries are  
targeted, with different levels of  
advancement and development regarding  
inclusion of people with disabilities:

**BELGIUM**  
**CROATIA**  
**FRANCE**  
**ITALY**  
**PORTUGAL**



# TRANSDICIPLINARY CORE

On the transdisciplinary core, **Sacree** project addresses topics in:

HEALTH

SPORTS

AUTISM

SOCIAL  
SCIENCES



# TRANSECTORIAL CORE



FEDERATION  
OMNISPORTS  
*cultivons vos envies*

National  
federation



International  
association



Historical  
football club



UNIVERSITÉ DE  
FRANCHE-COMTÉ

University



Union of associations  
for autism

inovarautismo.

National  
association

# AUTISM-EUROPE AND SACREE

Autism-Europe takes lead on the **dissemination** and **sustainability** of the project and facilitate the **exchange of information and best practices** across Europe



# SACREE PROJECT AND ITS PARTNERS

Sacree project and its pool of partners are dedicated to:

- 1 The call for a **census** and exchange of **good practices**
- 2 The analysis of **success factors** and **shortcomings** of different field tests
- 3 The understanding of **how** target groups are **benefiting** from the results
- 4 The increase the **roll-out** and **impacts**



Co-funded by the  
Erasmus+ Programme  
of the European Union

# SACREE



Autism & Sport



inovarautismo.



Autism  
Europe

UFR STAPS Sciences et techniques  
des activités physiques  
et sportives

UNIVERSITÉ DE  
FRANCHE-COMTÉ

