

SS Romulea



Romulea Autistic Football Club



Romulea AFC



We founded our football team in 2015 World Autism Awareness Day tournament by the support of:

- **Gruppo Asperger Lazio** (a volunteer organization of families and people on the autism spectrum)
- **Giuliaparla** (cooperative of services)
- **Garibaldi** (a cooperative of workers on the autism spectrum)



WHY?

Paralympic Games: football is for blind players or cerebral palsy only.

Special Olympics and **special federations** of Integrated football: requirement of **intellectual disability** (ID), but only one third of people on the autism spectrum has ID, yet the other two thirds face difficulties in sport too.





Inclusive football team with **mixed** players:

- players on the autism spectrum
- others players: voluntary educators, parents and friends

Inclusive way:

- male and female players
- strictly **FIFA** rules



- football is popular
- promotes social skills
- psychophysical well-being
- responsibility

- inclusion
- self-determination
- self-advocacy
- autonomy



In 2017 we played in **FC8**:
Eight-a-side Football
Championship; no other teams
with disabilities.

Motor skills assessment by qualified personnel.

Scientific monitoring in cooperation with Sapienza University in Rome to measure the level of inclusion in the social group regardless of the social skills, with sharing of objectives as a Condition favouring Inclusion (Social Engagement Scale).

SHARING SPACES	SHARING ACTIVITIES	SHARING OBJECTIVES	SOCIAL SHARING	EMOTIONAL SHARING
a) he/she tolerates other known people to be in the same space	a) he/she is able to follow a routine of reinforcing and/or pleasant activities	a) he/she follows the rules	a) he/she makes requests for help to complete a task	a) he/she shows any reaction to situations that trigger emotional content
b) he/she tolerates people in a distance of one meter	b) he/she is able to follow a functional routine	b) he/she completes a targeted activity in absolute autonomy	b) he/she asks for attention to the reference persons	b) he/she shows appropriate reactions to situations that trigger emotional content
c) he/she tolerates physical contact	c) he/she is able to perform small activities within a consolidated routine	c) he/she performs targeted activities in coordination with peers	c) he/she asks for attention in group	c) he/she expresses adequately his/her emotional contents and personal experiences
d) he/she tolerates the presence of strangers	d) Transition among different activities	d) he/she shows satisfaction in concluding useful activities	d) he/she shares his/her interests	d) he/she tends to involve others in group situations
e) he/she tolerates to stay in unknown public places	e) he/she tolerates changes to consolidated routines	e) he/she praises others	e) he/she shows interest in others' conversations	e) he/she has welcomed emotional experiences expressed by peers
f) he/she tolerates to stay in places (or together people) that create specific difficulties	f) he/she performs tasks upon instructions	f) he/she creates new strategies for making the group pursue the objectives	f) he/she starts conversations of mutual interest	f) he/she establishes reciprocal emotional interactions
<div> <div>0 never</div> <div>1 sometimes</div> <div>2 half the time</div> <div>3 often</div> <div>4 always</div> </div>				



In 2016 we were recognized as sport club by the **National Olympic Committee (CONI)**.

Since 2018 we are an official team of **SS Romulea**: now we are fully included in the football world!

Weekly trainings
at **SS Romulea**.

- monthly friendly **matches**
- competitive **tournaments**
- **recreational** activities
- members **meetings**

- The project also involves:
- **professional** football players and coaches
 - **events** communication team



www.autisticfootball.club



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